

Willing Hearts Helpful Hands



Family Caregiver and Volunteer Application

This application form is just a first step, and is not an obligation.

I am:

- A family caregiver seeking free respite services.
- Interested in volunteering.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Home Phone: _____

Cell Phone: _____

Email Address: _____

Best Times to Reach You: _____

Languages Spoken: _____



Mail or Fax this application to:

Rachael Kaighin-Shields, MSW, Coordinator,
Willing Hearts, Helpful Hands

Parker Jewish Institute for
Health Care and Rehabilitation

271-11 76th Avenue, New Hyde Park, NY 11040-1433

Fax: 718-289-2248 Phone: 718-289-2100, ext. 4980

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Willing Hearts Helpful Hands



Volunteer Circles Helping Families



Another community service of



Parker Jewish Institute for
Health Care and Rehabilitation

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The Harry and Jeanette Weinberg Foundation, Inc.



Family Caregivers: Now, there is FREE assistance for you.

Our Caregiver Circles are groups of well-trained volunteers who provide family caregivers of older adults with the time to meet self-care needs, as well as other family obligations, at no cost to you. Without help in the daily tasks of care-giving, the risk to your health and well being is as real as it is to your loved one. That is why the volunteers of **Willing Hearts, Helpful Hands** provide the assistance you need, on a schedule designed to allow you the time, personal space and freedom that is essential for healthy living.

Call the **Caregiver HelpLine**
(718) 289-2100, ext. 4980
or complete and mail or fax the
application provided on the back.



Volunteers: you can become “helpful hands.”

World War II hero and honorary US citizen Winston Churchill once said, “We make a living by what we get, we make a life by what we give.” **Willing Hearts, Helpful Hands** is an opportunity for you to help ease the burdens of family members who care for older adult loved ones. Our highly experienced professionals will provide volunteers with a thorough orientation, expert training, and an assignment that matches your interests. Whether you provide companionship, assist in chores, provide telephone or shopping assistance, or offer your own very special talent, you’ll be one of today’s true heroes.

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